

invaluable contributions to our success during the Second World War.

CONGRATULATING AND HONORING
ALAN NAKANISHI

HON. JEFF DENHAM

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Monday, December 7, 2015

Mr. DENHAM. Mr. Speaker, I rise today to congratulate and honor Mr. Alan Nakanishi for receiving the Lodi Distinguished Citizen Award from the Greater Yosemite Council, and the Boy Scouts of America. I would also like to personally thank him for his years of service working to better the city of Lodi and the state of California.

Raised in California's state capitol, Sacramento, Alan attended Lincoln School and Jr. High School. In 8th grade, he joined the Boy Scouts of America where he learned many valuable life lessons including always being prepared. Alan successfully reached the rank of First Class and desired to become an Eagle Scout; however, he chose to be involved in sports instead. With much respect for the Boy Scouts of America program, Alan still actively participates by being a speaker for several clubs.

After receiving his Bachelor of Arts degree from Pacific Union College in 1961, Alan continued on to study at the Loma Linda University graduating in 1965 with his Medical Degree. He completed both his medical internship and Ophthalmology Residency from the University of Southern California Medical Center. He later received his Masters of Health Administration from the Virginia Commonwealth University and the Medical College of Virginia in 1990 and 1991.

During Alan's early life, he served as a Captain in the United States Army where he was stationed in Texas. After earning his medical degree he served another two years as Major and led the surgical department as Chief of Ophthalmology for the McDonald Army Hospital in Fort Eustis, Virginia.

Alan Nakanishi had many extensive roles during his medical career including Chief of Ophthalmology, Retinal Fellowship at the Pacific Medical Center, Chief of Staff at Dameron Hospital, President of Dameron Hospital, co-founder of Delta Eye Medical Group and a significant member of the American Board of Ophthalmology.

Alan's political career in California has been substantial. In 2001, he was elected to the Lodi City Council and was selected Mayor of Lodi by his fellow Council members. In 2002, Alan was elected to the California State Assembly and was a member of several committees. He served as the vice-chair of Health, Labor and Employment. Alan was also a member of Appropriation, Higher Education, Rural Caucus, and the Legislative Sporting Caucus. His time in Assembly ended in 2008, and in 2010, Alan was elected to rejoin the Lodi City Council. Only two short years later he was selected again to serve as the Mayor of Lodi.

While Alan's accomplishments are outstanding in the work force, it's his community involvement that is tremendous. He served as a Rotarian, church school board member, church officer, member of the country Ground

Basin Authority, alternate member of the Delta Protection Commission, and a member of the Delta Coalition Committee.

Mr. Speaker, please join me in honoring and recognizing Alan for his unwavering leadership and many accomplishments and contributions. He has a great dedication for the people and community he has worked so hard to help.

OUR UNCONSCIONABLE NATIONAL
DEBT

HON. MIKE COFFMAN

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Monday, December 7, 2015

Mr. COFFMAN. Mr. Speaker, on January 20, 2009, the day President Obama took office, the national debt was \$10,626,877,048,913.08.

Today, it is \$18,787,992,446,946.88. We've added \$8,161,115,398,033.80 to our debt in 6 years. This is over \$8 trillion in debt our nation, our economy, and our children could have avoided with a balanced budget amendment.

BECAUSE WE ALL NEED MORE
HUMAN CONNECTION: HONORING
THE WORK OF LILLIAN ROYBAL
ROSE

HON. LUCILLE ROYBAL-ALLARD

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Monday, December 7, 2015

Ms. ROYBAL-ALLARD. Mr. Speaker, I rise to pay tribute to my sister, Lillian Roybal Rose, who made a career of leading nationally acclaimed cross-cultural leadership awareness seminars and workshops which fostered greater understanding between people of diverse backgrounds, and helped lay a foundation for a more peaceful multicultural future.

For over 35 years, Lillian taught her workshops to academic, corporate, civic, and community groups. Her ultimate goal was to increase participants' self-awareness and help them establish mutual understanding and respect for others. She did this by creating a safe and supportive environment for participants to learn how internalized oppression affects thinking and attitudes, and how the resulting patterns of behavior affect communication between individuals, within groups, and between groups.

When Lillian developed this workshop in the late 1970s, it turned the then-current diversity training model of "blame and shame" on its head. Her workshops relied on practical theoretical models based on psychology and ethics, and on interactive and experiential activities that allowed participants not merely to engage their minds but to open their hearts.

This workshop approach, coupled with Lillian's ability to see and bring out the best in people, helped participants build powerful frameworks for effective long-term cooperation and communication, and enabled them to reclaim pride in their roots through the exploration of shared experiences.

Lillian understood that the key to appreciating others is developing a better understanding of ourselves. When we can define

and recognize forms of oppression that affect all of us, we can begin to relate to each other as individuals and build alliances.

Over and over again, I have met individuals from across the country who have expressed their gratitude for my sister's work. Those who have participated in her workshops have told me countless times, "She has changed my life and made me a better person."

While my sister is retired and no longer presents her workshops, she has been convinced by many of those same participants to give a farewell presentation. On December 12th and December 13th on the campus of the University of California at Santa Barbara, Lillian will present an encore workshop. People from different parts of the country will again be there to experience Lillian's brilliance, compassion, authenticity, and humility as she takes this final opportunity to share her life's work.

Lillian has said of the people who participated in her workshops, "We gave, and continue to give each other support and hope that we can reach a fair and just society, where all can be treated with dignity and respect, have equal opportunity, and where we can love and celebrate our differences. My love and thank you to all."

Mr. Speaker, I have been blessed to have Lillian as my sister, and I am proud to join Lillian's colleagues and friends for her encore workshop and in honoring her life's work.

HONORING GEORGE H. RYDER

HON. MIKE THOMPSON

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Monday, December 7, 2015

Mr. THOMPSON of California. Mr. Speaker, I rise today to recognize and honor George H. Ryder, of the Lake County Board of Education, who is retiring after 39 years of dedicated public service.

In 1974, Mr. Ryder joined the Konocti Unified School Board of Trustees, a post he held until 1979. Subsequently, on December 10, 1981, he assumed office as a member of the Lake County Board of Education. In his 34 years on the Board, Mr. Ryder served numerous times as both President and Vice-President, and consistently provided the board with tremendous leadership, unshakeable poise and thoughtful recommendations.

In total, Mr. Ryder has dedicated 39 years of service to the children of Lake County and the surrounding areas. He has demonstrated an unmatched commitment to education, children, and community service, and has touched the lives of countless young people. Mr. Ryder's community has benefitted enormously from his efforts.

Mr. Speaker, George H. Ryder has had a long and uncommonly distinguished career in public service. December 9, 2015 marks his final day as a member of the Lake County Board of Education, and it is fitting and proper that we honor him here today. We wish him the best in retirement.

SENATE COMMITTEE MEETINGS

Title IV of Senate Resolution 4, agreed to by the Senate of February 4, 1977, calls for establishment of a system for a computerized schedule of all